

Effective January 1, 2021, the following change will be made to the Healthfirst Medicare Advantage plans' post-discharge meals benefit, which provides eligible members with nutritious meals after an inpatient hospitalization or a stay in a skilled nursing facility:

- For Healthfirst Increased Benefits Plan (HMO), Healthfirst 65 Plus Plan (HMO), Healthfirst Life Improvement Plan (HMO SNP), and Signature (HMO), the benefit will increase to three (3) meals per day (84 meals total) over a 28-day period for eligible members after an inpatient hospitalization or skilled nursing stay greater than two (2) days

For the Healthfirst Coordinated Benefits Plan (HMO), the benefit will remain three (3) meals per day (42 meals total) over a 14-day period for eligible members after an inpatient hospitalization stay greater than two (2) days.

How to request this benefit:

Step 1 | Download forms

Qualifying members or their primary care provider (PCP) can download the post-discharge meals benefit packet located on the Healthfirst websites:

Member Portal: [MyHFNY.org](https://myhfnny.org)

Provider Portal: hfproviderportal.org

Step 2 | Submit forms

Members can complete the Post-Discharge Meals Benefit Form (see page 2) and bring the Prescription Form (see page 3) to their PCP to fill out at a follow-up appointment. The PCP will review the Post-Discharge Meals Benefit Form and complete the Prescription Form and fax both forms to Mom's Meals.

NOTE: A PCP must complete the Prescription Form (see page 3) before the member can receive this benefit.

Providers can also complete both the Post-Discharge Meals Benefit and Prescription forms themselves and fax them to Mom's Meals at **1-866-942-7873**. Once Mom's Meals receives the forms, they will request authorization of benefit from Healthfirst.

In addition, members or their PCP can call Mom's Meals directly at **1-866-224-9485**.

Have questions?

Members can call Healthfirst Member Services at **1-888-260-1010** (TTY 1-888-542-3821) for Healthfirst Increased Benefits Plan, Healthfirst 65 Plus Plan, Healthfirst Life Improvement Plan, and Healthfirst Coordinated Benefits Plan, or **1-855-771-1081** (TTY 1-888-542-3821) for Signature, 7 days a week, 8am–8pm (October 15 through March 31), and Monday to Friday, 8am–8pm (April 1 through October 14) for benefit information.

Providers can contact Mom's Meals at **1-866-224-9485** or Healthfirst Provider Services at **1-888-394-4327**.

Coverage is provided by Healthfirst Health Plan, Inc. Plans contain exclusions and limitations.

Healthfirst complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Llame al 1-866-305-0408 (TTY 1-888-867-4132).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。

請致電1-866-305-0408 (TTY 1-888-542-3821)。