



Medicaid Managed Care Benefits Update

Residential Health Care Facility Services (Nursing Home)

Covered nursing home services include:

- Medical supervision;
- 24-hour nursing care;
- Assistance with daily living;
- Physical therapy;
- Occupational therapy;
- Speech-language pathology and other services

To get these nursing home services:

- The services must be ordered by your physician, and
- The services must be authorized by Healthfirst

Rehabilitation:

Healthfirst covers short term, or rehabilitation (also known as “rehab”) stays, in a skilled nursing home facility.

Long Term Placement:

Healthfirst covers long-term placement in a nursing home facility for members 21 years of age and older.

Long-term placement means you will live in a nursing home.

When you are eligible for long-term placement, you may select one of the nursing homes that are in Healthfirst’s network that meets your needs.

If you want to live in a nursing home that is not part of Healthfirst’s network, you must first transfer to another plan that has your chosen nursing home in its network.

Eligible Veterans, Spouses of Eligible Veterans, and Gold Star Parents of Eligible Veterans may choose to stay in a Veterans’ nursing home.

Healthfirst does not have a Veterans’ Home in its network. If you are an eligible Veteran, spouse of an eligible Veteran or a Gold Star Parent of an eligible Veteran and you want to live in a Veterans’ Home, we will help arrange your admission. You must transfer to another Medicaid Managed Care health plan that has the Veterans’ Home in its network.

Determining Your Medicaid Eligibility for Long Term Nursing Home Services

You must apply to your Local Department of Social Services (LDSS) to have Medicaid and/or Healthfirst pay for long-term nursing home services. The LDSS will review your income and assets to determine your eligibility for long-term nursing home services. The LDSS will let you know about any costs you may have to contribute toward your long-term nursing home care.

Questions

If you have any questions about these benefits, call our Member Services department at **1-866-463-6743** (TTY: 1-888-542-3821).

Additional Resources

If you have concerns about long-term nursing home care, choosing a nursing home, or the effect on your finances, there are additional resources to help.

- Independent Consumer Advocacy Network (ICAN) provides free and confidential assistance. Call **1-844-614-8800** or visit www.icannys.org.
- New York State Office for the Aging
 - Health Insurance Information, Counseling and Assistance (HIICAP) provide free counseling and advocacy on health insurance questions. Call **1-800-701-0501**
 - NY CONNECTS is a link to long-term service and supports. Call **1-800-342-9871** or visit www.nyconnects.ny.gov
- Nursing Home Bill of Rights (NHBOR) describes your rights and responsibilities as a nursing home resident. To learn more about NHBOR, visit www.health.ny.gov/facilities/nursing/rights/

Plans are offered by affiliates of Healthfirst, Inc. Plans contain exclusions and limitations.

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