

Quality Measure Definitions – Quick Reference for PCAs

A Healthfirst nurse conducts the UAS survey on the client twice a year. This Reference Guide was created to help PCAs/HHAs more accurately describe the client's health status.

Fall(s) Resulting in Injury in the Past 90 Days

YES to Falls with Injury if:

- The member had a fall that resulted in a minor or major injury in the **past 90 days**
- **Minor:** skin tears, abrasions, lacerations, superficial bruises, hematomas, and sprains; or any fall-related injury that causes person to complain of pain
- **Major:** bone fracture, joint dislocations, closed head injuries with altered consciousness, subdural hematoma.

If a fall is reported, confirm with family member, caregiver, and/or PCP or PCM that fall occurred within the past 90 days and whether injury was major, type of injury, and medical intervention

NO to Falls with Injury if:

- Fall did not occur in the past 90 days
- **If there was a fall in the past 90 days and the member reports No Injury** - no evidence of any injury is noted; no complaints of pain or injury by the member; no change in the member's behavior is noted after the fall

Emergency Room Visit in the Past 90 Days

YES to ER Visit if:

- Emergency room visit in the **past 90 days** (confirm with ER discharge papers)

NO to ER Visit if:

- Urgent Care Center visits
- Hospitalization, overnight inpatient stays
- Client went to ER but ended up being hospitalized (this counts as a hospitalization only)
- ER visit was not in the past 90 days

Influenza Vaccination in the Past Year

- Assist client in getting the flu vaccine (make appointment, assist client to appointment, escort client to the local drugstore for the flu shot)

Lonely and Distressed

- Be clear about how the client defines "loneliness"
- Distinguish between boredom and loneliness, and sadness and loneliness
- Be aware that just because clients may be spending multiple hours alone, this does not necessarily mean they are lonely. Some clients like spending time alone

Urinary Incontinence

- Know the difference between voluntary wetting and involuntary wetting (accidents, leakage)
- Is the client releasing him/herself on purpose (due to mobility challenges; e.g., unable to transfer to the bathroom)? If so, the client has control of bladder
- The question asks if the client had leakage/accident in the past three days, and how many times

Pain

- Numeric scale: Severe Pain = 7–9, Horrible/Excruciating = 10
- Pain level 9–10 would equal pain bad enough to require nurse to call 911/client to go to the hospital
- The question asks about experience of pain in the past three days

Shortness of Breath

- Shortness of breath = air hunger that causes you to feel as if you can't catch your breath. *He or she likely can't answer you as a result of being out of breath*
- Know the difference between shortness of breath and fatigue
- Moderate activities include some type of physical exercise, such as walking a long distance, climbing two flights of stairs, or gardening
- Normal day-to-day activities include all ADLs (bathing, transferring, etc.) and IADLs (meal preparation, shopping, etc.)
- The question asks if the client had shortness of breath in the past three days, and during what activity